



30 Minutes to a Clean Kid's Room

If your children's rooms are in need of a little TLC, follow this easy timeline to help quickly get everything back in order. Better yet — teach them how to do it themselves!

- 0:00** **Gather all of the cleaning supplies before you start.**
 - Duster
 - Window cleaner
 - Paper towels
 - Vacuum
 - Laundry hamper
 - Return' basket (for items that don't belong in the bedroom)
 - Garbage bin or bag

- 0:03** **Make the bed.** A neatly made bed quickly makes the whole room more orderly and only takes a couple of minutes to do. If the bedding needs changing, do this now and place dirty linens in the laundry.

- 0:05** **Get rid of any garbage.** Quickly run through the room with a garbage bin or bag and remove all trash.

- 0:06** **Go around the room and gather up all clothing articles.** Sort through the clothing and place all dirty items in the laundry hamper. Hang up or fold the remaining articles and properly put them away.

- 0:10** **Clear all flat surfaces.** Clear any objects off the night tables, desks and dressers that do not belong there. Quickly put away any items or toys that will be staying in the room. Place remaining items that do not belong in the room into the "return" basket. These can be put away at a later time.

- 0:14** **Clean off the floor.** Sort toys, stuffed animals and other items into their proper bins and put books back onto the bookshelves. Place all items that do not belong in the room into the 'return' basket.

- 0:19** **Working from the top of the room to the bottom of the room,** dust the blinds and any flat surfaces that have accumulated dust.

- 0:23** **Spray down and wipe** any windows or mirrors in the room.

- 0:26** **Give the room a thorough vacuuming.** The floor should be completely clean by now so this should be quick! Don't forget to get under the bed and behind the bedroom door.

- 0:29** **Empty the garbage** and put away cleaning supplies.

- 0:30** **You are done!**